This checklist includes medical devices, supplies, and assistive technology devices for people with physical disabilities. Pack items you will need for yourself in your GO BAG. You may need to add additional items or devices to this list to meet your individual and/or family’s needs.

**GO BAG ITEMS**

If you have a mobility disability and use a wheelchair or scooter, you may want to consider having some or all of these items in your GO BAG:

- Thermal blanket *(survival)*
- Fire blanket *(survival)*
- Fire starter kit
- Inverter *(12-volt AC to 110 DC)*
- 12-volt heater / fan
- Wire saw
- Hand warmers
- Hat / gloves / mittens
- Poncho / rain gear
- Thermometer
- Stethoscope
- Blood pressure cuff
- Kit(s) for ostomy, urostomy, and/or wound care supplies
- Spray bottle *(for person who doesn’t perspire)*
- Wheelchair repair kit *(at a minimum include a multi-purpose tool, Swiss army knife, Allen wrench set (standard/metric), small crescent wrench and bearings)*
- Contact for wheelchair repair company
- Heavy gloves for wheeling
- Small mechanic’s toolkit

- Small 12-volt electric pump *(120 psi)* for car, bicycle, and other sports’ equipment
- Bicycle tire pump and tire repair kit
- WD-40
- Magnifying glass
- Scissors
- Small sewing kit *(needle and assorted thread)*
- Tablet and pencil / pen

**COMMUNICATION DEVICES**

- Computer and computer software
- Communication boards and devices *(electronic and/or others)*
- Visual Communications Tool *(provided in the Be Prepared, Have a Plan: Emergency Preparedness Toolkit)*

**SIGNALING DEVICES**

- Electronic alerting devices *(bed shaker, flashing light, moisture alert, wandering alert)*

**MOBILITY DEVICES / AIDS**

- Cane, walker, or crutches*
- Manual wheelchair*
- Power wheelchair*
- Wheelchair / scooter battery charger*
- Wheelchair seat and back cushion / cover *(air pump if air-filled)*
- Spare tires / inner tubes

*(continued on next page)*
### MEDICAL
- Medical tags (bracelet / necklace / ankle bracelet)
- Medical alert devices
- Special Dietary Needs
- Pack a 7-day supply of prescription medications and non-prescription supplements in a pill organizer
- Extra medications and medical supplies
- Epi-pen
- Insulin (remember to refrigerate / keep cold)
- Helmet / sports helmet (for protection)
- Respiratory aids / devices (including B-PAP, C-Pap machines, oxygen concentrators, etc.)
- Oxygen tanks

**Other medications or supplies:**

**Bowel and bladder products and supplies (includes Ostomy and Urostomy needs):**

**Wound care and supplies:**

**Additional items / devices:**

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This Disability Checklist is part of the Wisconsin Council on Physical Disabilities Be Prepared, Have a Plan: Emergency Preparedness Toolkit, made possible by the FEMA 2012 Community Resilience Innovation Challenge grant and by the Wisconsin Division of Public Health Emergency Preparedness (PHEP) program.