Quick Communication Tips for Emergency Responders:

- Get the person’s attention first.
- Speak to them at eye level.
- Look at the person when you speak. He or she may be able to read your lips.
- Speak slowly with a low-pitched and calm voice.
- Use short, familiar words, such as “What do you need?”
- Ask one question at a time. Also give directions one at a time. Check for understanding after each step.
- Give the person time to respond to your question or follow directions.
- Repeat, rephrase or write your message if necessary.
- Ask permission first, before touching the person.
- Ask before moving a person or their wheelchair/mobility device.

The best way to communicate with me is:

- Writing
- Cell Phone
- Communication Board
- Sign Language
- I CAN LIPREAD
- HEARING AID OR COCHLEAR IMPLANT
- Cell Phone
- Text / Captioning
- Facial Expression

List your unique communication equipment needs on your Medical Emergency Wallet Card, available at https://cpd.wisconsin.gov.

LEVEL OF PAIN

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>NO PAIN</td>
<td>MILD PAIN</td>
<td>MODERATE PAIN</td>
<td>SEVERE PAIN</td>
<td>VERY SEVERE PAIN</td>
<td>WORST POSSIBLE PAIN</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

Where is the pain located?

- FRONT
- BACK

I need help with ...

- Shelters
- Hospitals
- Family
- Gas Stations
- Sign-Language Interpreter
- Getting Out
- EMERGENCY SERVICES
- 711 Relay Services
- Taxi
- Bus
- Train
- Motorcycle
- Plane
- Boat
- Bicycle
- Car
List your allergies and/or sensitivities on your MEDICAL EMERGENCY WALLET CARD.