

# EMERGENCY PREPAREDNESS TOOLKIT

## MEDICAL EMERGENCY WALLET CARD FOR:



**NAME:** \_\_\_\_\_

**DATE OF LAST UPDATE:** \_\_\_\_\_ / \_\_\_\_\_

**Complete both sides of this card using a pencil. Update the information every six months. Keep the card with you at all times (in your wallet or purse). Keep an extra copy in your GO BAG.**

### PERSONAL DATA

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Blood Type: \_\_\_\_\_

Religion: \_\_\_\_\_

### Physical Disability/Mobility Impairment Specific Needs:

I have a physical disability (identify): \_\_\_\_\_

I need a patient lift to transfer  I need a personal care attendant

I use assistive technology  I use a manual wheelchair

I use a cane, walker or crutches  I use a scooter/power wheelchair

I need help with medications  I need my communication device

I am Deaf  I am blind

I am hard-of-hearing  I am visually impaired

I can read lips  I can read braille

I need a sign language interpreter  I need glasses

I am claustrophobic  I am sensitive to EMFs

I am a wanderer  I have chemical sensitivities/MCS

I have memory problems  I have breathing problems

I have allergies  I need my inhaler

I need my EpiPen  I aspirate/choke

### MEDICAL DATA

**Doctor's Name:** \_\_\_\_\_

**Doctor's Phone:** \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_

Location(s) of Health Care Power of Attorney and/or Living Will : \_\_\_\_\_

**What is a Health Care Power of Attorney?** This is a legal document that allows someone you choose to make decisions about your medical care if you are not able to. This choice is made before you get sick so you can pick someone you trust.

**What is a living will?** This is a legal document that you can use to explain what you want and don't want. It explains what type of medical treatment and life-saving measures you want or don't want.

Visit [www.dhs.wisconsin.gov/forms/advdirectives](http://www.dhs.wisconsin.gov/forms/advdirectives) for more information.

## MEDICAL INSURANCE

**Medical Insurance Company:** \_\_\_\_\_

Policy Number: \_\_\_\_\_

Phone: \_\_\_\_\_

**Other Medical Insurance:** \_\_\_\_\_

Policy Number: \_\_\_\_\_

Phone: \_\_\_\_\_

**Medicaid Number:** \_\_\_\_\_

**Medicare Number:** \_\_\_\_\_

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## EMERGENCY CONTACT INFORMATION

**Emergency Contact Name:** \_\_\_\_\_

Phone: \_\_\_\_\_

**Out-of-town Contact Name:** \_\_\_\_\_

Phone: \_\_\_\_\_

**Durable Medical Equipment Provider:** \_\_\_\_\_

Phone: \_\_\_\_\_

**Meeting Place:** \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

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## MEDICATIONS

Medications	Dosage	Frequency	Time(s)
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Pharmacy:** \_\_\_\_\_

Phone: \_\_\_\_\_

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## MEDICAL CONDITIONS

**List any medical conditions:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Allergies:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Recent surgeries and dates:** \_\_\_\_\_

\_\_\_\_\_